

THE STICKY Bun

SANDWICHES

Choice of sliced white or malted bread, served with fresh mixed leaf garnish, cherry tomatoes, cucumber and our house dressing. Gluten free option available.

Egg Mayo & Mustard Cress (v)	£8.95
Prawn Marie-Rose Sauce with Iceberg Lettuce	£9.95
Tuna Mayo & Cucumber	£9.50
Coronation Chicken & Rocket	£9.95
BLT - Bacon, Lettuce & Tomato	£9.95

Add Chips £2.50 Add Coleslaw £1.50

OPEN SANDWICHES

Served on Italian Sourdough. Gluten free option available.

Roasted Mediterranean Vegetables, Mozzarella. Pesto & Fresh Basil (v)	£9.50
Chicken & Avocado, Lemon Mayonnaise, Micro Cress, & Watercress Salad	£9.95
Smoked Salmon, served with a Dill & Lemon Cream Cheese, with Cucumber & Radish Salad	£9.50

Add Chips £2.50 Add Coleslaw £1.50

PANINI

Served with a fresh mixed leaf garnish, cherry tomatoes, cucumber, and our house dressing.

Mature Cheese & Caramelised Onion(v)	£8.95
Mature Cheese, Ham & Tomato	£8.95
Tuna Melt	£9.50
Brie, Bacon & Cranberry	£9.95
Tomato, Mozzarella & Pesto (v)	£8.95

Add Chicken £1.50 Add chips £2.50 Add Coleslaw £1.50

CLASSIC PLOUGHMANS

Served with Branston Pickle, Apple, Celery with a Radish & Lettuce Garnish, and Crusty Rustic Bread

Choose from:

- Ham £12.95
- Cheddar Cheese & Ham
- Cheddar Cheese & Stilton (v)

JACKET POTATOES

Served with fresh mixed leaf garnish, cherry tomatoes, cucumber, coleslaw, and our house dressing.

Tuna Mayonnaise with Red Onion and Pepper	£10.50
Mature Cheddar (v)	£9.95
Prawn Marie-Rose	£10.95
Coronation Chicken	£10.95

SALAD

Halloumi, Mediterranean Roast Vegetables, Chickpea & Pine Nuts, and a Balsamic & Honey Dressing (v)	£9.95
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Classic Caesar	£8.95
Crisp Lettuce, Anchovies, Croutons tossed in Classic Caesar Dressing	

Caesar with Chicken	£10.50
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ALLERGIES

PLEASE NOTIFY WHEN ORDERING OF ANY ALLERGIES - STAFF WILL ADVISE AT TILL.

LUNCH SERVED FROM 11:45AM EVERY DAY

LIGHT BITES

Welsh Rarebit with Grilled Tomato (v)	£11.50
Served with a salad garnish	

Add a Fried Egg £1.50

Homemade Sausage Roll	£9.50
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Served with Salad and Pickle

Fishcake of the Day	£12.95
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Served with Lemon & Herb Crème Fraiche Dip & Salad Garnish

Homemade Potted Fish Pate	£9.50
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Served with Pickles & Toast

MAINS

Thai Green Chicken Curry	£14.95
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Served with Jasmin Rice

Ham, Egg & Chips	£13.95
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(Small Ham, Egg & Chips £11.50)

Double Egg & Chips (v)	£11.50
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Homemade Quiche	£13.95
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Served with Chips and Salad Garnish.

Breaded Fish Goujon Sandwich	£10.95
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Served with crisp lettuce, tomato, & tartare sauce.

Add chips for £2.50

SIDES

Chips (v)	£4.50
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Cheesy Chips (v)	£5.50
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Coleslaw (v)	£1.50
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Baked Beans (v)	£1.50
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Slice of Bread & Butter	£1.50
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House Salad	£4.95
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Add on: Cranberry, Pickles	£0.75
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Add on: Cheddar Cheese	£1.50
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DRINKS



HOT DRINKS

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Breakfast Tea	£3.25	
De-Caf Tea	£3.25	
Green Tea	£3.25	
Lemon & Ginger Tea	£3.25	
Peppermint Tea	£3.25	
Earl Grey Tea	£3.25	
Americano	£3.35	£3.75
Café Latte		£3.95
Chai Latte		£3.95
Dirty Chai Latte (Chi with a shot of espresso)		£4.35
Cappuccino	£3.55	£3.95
Flat White	£3.95	
Espresso	£2.95	
Double Espresso		£3.35
Mocha		£4.25
Hot Chocolate		£3.95
Kids Hot Chocolate	£3.50	
Speciality Hot Chocolate		£4.75
Babyccino	£1.00	
Mug Hot Water	£0.50	
Cream or Marshmallow or Syrup	£0.50 per item	

COLD DRINKS

Iced Latte (add ice cream £0.75)	£3.75
Iced Mocha (add ice cream £0.75)	£4.25
Iced Matcha	£4.25
Milk Shakes	£5.50
Made with New Forest ice cream (Add cream 50p)	
Glass of Milk	£1.60
Smoothie	£4.95
New Forest Water – Still / Sparkling	£2.50
Fentemans Sparkling Elderflower	£3.50
Fentemans Victorian Lemonade	£3.50
Fentemans Rose Lemonade	£3.50
Fentemans Mandarin Orange	£3.50
Fentemans Ginger Beer	£3.50
Frobishers Orange Juice	£3.25
Frobishers Apple Juice	£3.25
Frobishers Pineapple Juice	£3.25
Hartridges Apple & Mango	£3.50
Hartridges Orange & Passionfruit	£3.50
Hartridges Apple & Raspberry	£3.50
Cawston Juice Carton	£1.75
(Apple & Summer Berries or Apple & Mango)	
Coca Cola (Diet, Original or Zero).	£2.95

DRINKS FOR GROWN UPS

Wine (red/white) 187ml 13.5%	£5.95
Prosecco	£6.50
Adnams Ease Up IPA 500ml 4.6%	£5.25
Adnams Alcohol Free 500ml	£5.25
Adnams Kobold Lager 500ml 4.7%	£5.25
Purbeck Dorset Cider 500ml 5.0%	£5.25



CAKES

A range of cakes and tray bakes made on site are available. See counter for today's selection.

Homemade Scones	
Fruit or Savoury (v)	£3.75
Toasted Teacake (v)	£4.95
Cream Tea (v)	£8.50
(Homemade Fruit Scone, Jam & Clotted Cream, served with Breakfast Tea or small americano, additional charge of 50p for alternate hot drinks)	
Clotted Cream Portion	£1.50
Tiptree Preserve	£0.95
Savoury Cream Cheese Tea (v)	£8.50
(Homemade Savoury Scone, Pickle and Cream Cheese, served with Breakfast Tea or small filter coffee, additional charge of 50p for alternate hot drinks)	